

# Basil's Duplex Sandwich Cremes 5 oz. (141g)

11/11/09

<b>Nutritional Facts</b>		
Serving Size 3 Cookies (30g)		
Servings Per Container 5		
<b>Amount Per Serving</b>		
<b>Calories</b>	130	Calories from Fat 45
<b>% Daily Value*</b>		
<b>Total Fat</b> 5g		8%
Saturated Fat 1.5g		6%
Trans Fat 1.5g		
<b>Cholesterol</b> 0mg		0%
<b>Sodium</b> 75mg		3%
<b>Total Carbohydrate</b> 20g		7%
Dietary Fiber 2g		7%
Sugar 10g		
<b>Protein</b> 1g		
Vitamin A 0%		Vitamin C 0%
Calcium 0%		Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Calories:	2,000 2,500
Total Fat	Less Than 65g	80g
Saturated Fat	Less Than 20g	25g
Cholesterol	Less Than 300mg	300mg
Sodium	Less Than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat	9	Carbohydrate 4 . Protein 4

Enriched and bleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), sugar, partially hydrogenated soybean and cottonseed oils, corn flour, dextrose, high fructose corn syrup, cocoa (processed with alkali), salt, soy lecithin, natural and artificial flavors, ammonium bicarbonate, corn starch, sodium bicarbonate.

**ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, EGGS, PEANUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, AND MACADAMIA NUTS.**