

Basil's Lemon Sandwich Cremes 5 oz. (141g)

11/11/09

Nutritional Facts		
Serving Size 3 Cookies (30g)		
Servings Per Container 4.5		
Amount Per Serving		
Calories	130	Calories from Fat 45
% Daily Value*		
Total Fat 5g		8%
Saturated Fat 1g		6%
Trans Fat 1.5g		
Cholesterol 0mg		0%
Sodium 60mg		3%
Total Carbohydrate 20g		7%
Dietary Fiber 2g		7%
Sugar 10g		
Protein 1g		
Vitamin A 0%		Vitamin C 0%
Calcium 0%		Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Calories:	2,000 2,500
Total Fat	Less Than 65g	80g
Saturated Fat	Less Than 20g	25g
Cholesterol	Less Than 300mg	300mg
Sodium	Less Than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat	9	Carbohydrate 4 Protein 4

Enriched and bleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), sugar, partially hydrogenated soybean and cottonseed oils, corn flour, dextrose, high fructose corn syrup, corn starch, salt, soy lecithin, natural and artificial flavor, ammonium bicarbonate, sodium bicarbonate, yellow #5.

ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, EGGS, PEANUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, AND MACADAMIA NUTS.