

Granny's Oven Oatmeal Cookies 12 oz.

Nutrition Facts		
Serving Size 4 cookies (31 g)		
Servings Per Container about 11		
Amount Per Serving		
Calories	120	Calories from Fat 45
% Daily Value*		
Total Fat 5 g		8%
Saturated Fat 1g		6%
Trans Fat 1.5 g		
Cholesterol 0 mg		0%
Sodium 105 mg		4%
Total Carbohydrate 19 g		6%
Dietary Fiber 1 g		5%
Sugars 8 g		
Protein 2 g		
Vitamin A 0%	.	Vitamin C 0%
Calcium 0%	.	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Calories:	2,000 2,500
Total Fat	Less than 65 g	80 g
Sat. Fat	Less than 20 g	25 g
Cholesterol 0 mg	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g
Calories per gram:		
Fat 9. Carbohydrate 4. Protein 4		

Enriched and bleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), sugar, partially hydrogenated soybean and cottonseed oils, oatmeal, contains two percent or less of brown sugar, molasses, salt, cinnamon, leavening (sodium bicarbonate, ammonium bicarbonate).

ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES EGGS, MILK, PEANUTS, PECANS, ALMONDS AND MACADAMIAS.