

Knott's Apricot Shortbread Cookies 2 oz.

9/28/2011

<b>Nutrition Facts</b>	
Serving Size 1 package (57 g)	
Servings Per Container 1	
<b>Amount Per Serving</b>	
<b>Calories</b>	240      Calories from Fat 100
<b>% Daily Value*</b>	
<b>Total Fat</b> 11 g	17%
Saturated Fat 2.5 g	12%
Trans Fat 0 g	
<b>Cholesterol</b> 10 mg	4%
<b>Sodium</b> 120 mg	5%
<b>Total Carbohydrate</b> 32 g	11%
Dietary Fiber 3 gram	13%
Sugars 13 g	
<b>Protein</b> 3 g	
Vitamin A 10%	Vitamin C 0%
Calcium 0%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories:      2,000      2,500
Total Fat	Less than 65 g      80 g
Sat. Fat	Less than 20 g      25 g
Cholesterol 0 mg	Less than 300 mg      300 mg
Sodium	Less than 2,400 mg      2,400 mg
Total Carbohydrate	300 g      375 g
Dietary Fiber	25 g      30 g
Calories per gram:	
Fat 9. Carbohydrate 4. Protein 4	

Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), margarine (palm oil, soybean oil, water, salt, vegetable mono & diglyceride, soy lecithin, sodium benzoate ( a preservative), citric acid, natural and artificial flavor, vitamin A palmitate added, beta carotene (color), whey), sugar, apricot topping (high fructose corn syrup, apricots, apple powder, artificial flavor, pectin, citric acid, sodium benzoate [preservative], calcium chloride), eggs, natural and artificial flavors, salt.

**ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES SOY, WHEAT, MILK, PEANUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, AND MACADAMIA NUTS**