

Knott's Boysenberry Shortbread Cookies 1 oz.

9/28/2011

Nutrition Facts	
Serving Size 1 package (57 g)	
Servings Per Container 1	
Amount Per Serving	
Calories	240
Calories from Fat 100	
% Daily Value*	
Total Fat 116 g	17%
Saturated Fat 2.5 g	12%
Trans Fat 0 g	
Cholesterol 10 mg	4%
Sodium 120 mg	5%
Total Carbohydrate 32 g	11%
Dietary Fiber 3 gram	13%
Sugars 13 g	
Protein 3 g	
Vitamin A 10%	Vitamin C 0%
Calcium 0%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat. Fat	Less than 20 g 25 g
Cholesterol 0 mg	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9. Carbohydrate 4. Protein 4	

Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), margarine (palm oil, soybean oil, water, salt, vegetable mono & diglyceride, soy lecithin, sodium benzoate (a preservative), citric acid, natural and artificial flavor, vitamin A palmitate added, beta carotene (color), whey), sugar, boysenberry topping (high fructose corn syrup, boysenberries, apple powder, natural and artificial flavor, pectin, citric acid, sodium benzoate [preservative], calcium chloride), eggs, natural and artificial flavors, salt.

ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES SOY, WHEAT, MILK, PEANUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, AND MACADAMIA NUTS.