

# Knott's Raspberry Shortbread Cookies 3 oz.

9/28/2011

<b>Nutrition Facts</b>	
Serving Size 4 cookies (28 g)	
Servings Per Container about 3	
<b>Amount Per Serving</b>	
<b>Calories</b>	120
Calories from Fat 50	
<b>% Daily Value*</b>	
<b>Total Fat</b> 6 g	9%
Saturated Fat 1 g	6%
Trans Fat 0 g	
<b>Cholesterol</b> 5 mg	2%
<b>Sodium</b> 60 mg	2%
<b>Total Carbohydrate</b> 16 g	5%
Dietary Fiber 2 g	6%
Sugars 7 g	
<b>Protein</b> 1 g	
Vitamin A 6%	Vitamin C 0%
Calcium 0%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat. Fat	Less than 20 g 25 g
Cholesterol 0 mg	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9. Carbohydrate 4. Protein 4	

Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), margarine (palm oil, soybean oil, water, salt, vegetable mono & diglyceride, soy lecithin, sodium benzoate (a preservative), citric acid, natural and artificial flavor, vitamin A palmitate added, beta carotene (color), whey), sugar, raspberry topping (high fructose corn syrup, red raspberries, apple powder, citric acid, pectin, artificial flavor, sodium benzoate [preservative], calcium chloride, red #40, blue #1), eggs, natural and artificial flavors, salt.

**ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, EGGS, SOY PRODUCTS, WHEAT, PEANUTS, PECANS, ALMONDS, WALNUTS, CASHEWS, MACADAMIA NUTS AND OTHER TREE NUTS.**