

Knott's Raspberry Shortbread Cookies 3 oz.

11/10/2004

<b>Nutrition Facts</b>	
Serving Size 4 cookies (28 g)	
Servings Per Container about 3	
<b>Amount Per Serving</b>	
<b>Calories</b>	120      Calories from Fat 50
<b>% Daily Value*</b>	
<b>Total Fat</b> 5 g	8%
Saturated Fat 1 g	6%
Trans Fat 1.5 g	
<b>Cholesterol</b> 5 mg	2%
<b>Sodium</b> 60 mg	2%
<b>Total Carbohydrate</b> 16 g	5%
Dietary Fiber 0 g	0%
Sugars 7 g	
<b>Protein</b> 1 g	
Vitamin A 4%	Vitamin C 0%
Calcium 0%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories:      2,000      2,500
Total Fat	Less than 65 g      80 g
Sat. Fat	Less than 20 g      25 g
Cholesterol 0 mg	Less than 300 mg      300 mg
Sodium	Less than 2,400 mg      2,400 mg
Total Carbohydrate	300 g      375 g
Dietary Fiber	25 g      30 g
Calories per gram:	
Fat 9. Carbohydrate 4. Protein 4	

Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), margarine (partially hydrogenated soybean oil, liquid soybean oil, water, salt, soy lecithin, mono and diglycerides, sodium benzoate and citric acid as preservatives, artificial flavor, colored with beta-carotene, vitamin A palmitate), sugar, raspberry (high fructose corn syrup, red raspberries, apple powder, citric acid, pectin, artificial flavor, sodium benzoate [preservative], calcium chloride, red #40, blue #1), eggs, natural and artificial flavors, salt.

**ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, PEANUTS, PECANS, ALMONDS AND MACADAMIAS.**

7 topping