

Knott's Raspberry Shortbread Cookies Airline 0.7 oz. (19 g)

8/22/2005

Nutrition Facts		
Serving Size 2 cookies (19 g)		
Servings Per Container 1		
Amount Per Serving		
Calories	80	Calories from Fat 35
% Daily Value*		
Total Fat 4 g		6%
Saturated Fat 0.5 g		4%
Trans Fat 1 g		
Cholesterol 5 mg		2%
Sodium 55 mg		2%
Total Carbohydrate 11 g		4%
Dietary Fiber 0 g		0%
Sugars 5 g		
Protein 1 g		
Vitamin A 4%	.	Vitamin C 0%
Calcium 0%	.	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Calories:	2,000 2,500
Total Fat	Less than 65 g	80 g
Sat. Fat	Less than 20 g	25 g
Cholesterol 0 mg	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g
Calories per gram:		
Fat 9. Carbohydrate 4. Protein 4		

Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), margarine (partially hydrogenated soybean oil, liquid soybean oil, water, salt, soy lecithin, mono and diglycerides, sodium benzoate and citric acid as preservatives, artificial flavor, colored with beta-carotene, vitamin A palmitate), sugar, raspberry topping (high fructose corn syrup, red raspberries, apple powder, citric acid, pectin, artificial flavor, sodium benzoate [preservative], calcium chloride, red #40, blue #1), eggs, powdered sugar, natural and artificial flavors, salt.

ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, EGGS, SOY PRODUCTS, WHEAT, PEANUTS, PECANS ALMONDS, WALNUTS, CASHEWS, MACADAMIA NUTS, AND OTHER TREE NUTS.