

Knott's Strawberry Shortbread Cookies 3 oz.

9/28/2011

Nutrition Facts		
Serving Size 4 cookies (28 g)		
Servings Per Container about 3		
Amount Per Serving		
Calories	120	Calories from Fat 50
% Daily Value*		
Total Fat 6 g		9%
Saturated Fat 1g		6%
Trans Fat 0 g		
Cholesterol 5 mg		2%
Sodium 60 mg		2%
Total Carbohydrate 16 g		5%
Dietary Fiber 2 g		6%
Sugars 7 g		
Protein 1 g		
Vitamin A 6%	.	Vitamin C 0%
Calcium 0%	.	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Calories:	2,000 2,500
Total Fat	Less than 65 g	80 g
Sat. Fat	Less than 20 g	25 g
Cholesterol 0 mg	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g
Calories per gram:		
Fat 9. Carbohydrate 4. Protein 4		

Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), margarine (palm oil, soybean oil, water, salt, vegetable mono & diglyceride, soy lecithin, sodium benzoate (a preservative), citric acid, natural and artificial flavor, vitamin A palmitate added, beta carotene (color), whey), sugar, strawberry topping (high fructose corn syrup, strawberries, apple powder, contains two percent or less of citric acid, pectin, water, sodium benzoate [preservative], sodium citrate, calcium chloride, red #40, artificial flavor), egg, and salt.

ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, EGGS, SOY PRODUCTS, WHEAT, PEANUTS, PECANS, ALMONDS, WALNUTS, CASHEWS, MACADAMIA NUTS AND OTHER TREE NUTS.