

Knott's Raspberry Shortbread Cookies 2 oz.

9/28/2011

<b>Nutrition Facts</b>		
Serving Size 1 package (57 g)		
Servings Per Container 1		
<b>Amount Per Serving</b>		
<b>Calories</b>	240	Calories from Fat 100
<b>% Daily Value*</b>		
<b>Total Fat</b>	11 g	17%
Saturated Fat	2.5 g	12%
Trans Fat	0 g	
<b>Cholesterol</b>	10 mg	4%
<b>Sodium</b>	120 mg	5%
<b>Total Carbohydrate</b>	32 g	11%
Dietary Fiber	3 gram	13%
Sugars	13 g	
<b>Protein</b>	3 g	
Vitamin A	10%	Vitamin C 0%
Calcium	0%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Calories:	2,000      2,500
Total Fat	Less than 65 g	80 g
Sat. Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g
Calories per gram:		
Fat 9. Carbohydrate 4. Protein 4		

Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), margarine (palm oil, soybean oil, water, salt, vegetable mono & diglyceride, soy lecithin, sodium benzoate (a preservative), citric acid, natural and artificial flavor, vitamin A palmitate added, beta carotene (color), whey), sugar, raspberry topping (high fructose corn syrup, red raspberries, apple powder, citric acid, pectin, artificial flavor, sodium benzoate [preservative], calcium chloride, red #40, blue #1), eggs, natural and artificial flavors, salt.

**ALLERGY INFORMATION: THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, EGGS, SOY PRODUCTS, WHEAT, PEANUTS, PECANS, ALMONDS, WALNUTS, CASHEWS, MACADAMIA NUTS AND OTHER TREE NUTS.**

